

## Farm to Fork

Careers related learning and curriculum enrichment



### Activity Overview

A 2-2.5 hour session where children will explore the journey their milk takes from the cow on the farm to being made into cheese and then making a cheese sandwich in a café. They will also learn about the jobs and careers that are needed for this whole journey.

They will be able to milk our wooden cow Buttercup, plant their own seeds to grow, explore dairy products through sensory play, simulate the movement of goods with robotics, stack and sort shelves, and prepare a gourmet cheese sandwich at the end.

### Aim

By the end of this workshop students will know how cheese is made and the journey it has had to take to get to the shops and onto your sandwich. Students will also discover the different jobs linked to this journey.

### Content

1. Students will learn about the process of milk to cheese and the journey from farm to fork. They will have an explanation of each step and see a video of the career or task being done.
2. The learners will next carousel around the 6 stations trying out each activity:
  - » a. Milking the cow
  - » b. Planting cress seeds
  - » c. Exploratory play with dairy products
  - » d. Robot programming based around logistics
  - » e. Stacking and sorting game based on supermarket shelves
  - » f. Making a cheese sandwich as a café worker
3. When the students have completed the carousel then they will be given a jigsaw of each part of the journey to put together. So they can see that the parts of the journey make up for the whole thing of a cheese sandwich at the end.
4. The session ends with a game of farmyard charades.





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### Curriculum Enrichment

- Comments and asks questions about aspects of their familiar world such as the place where they live or the natural world.
- Can talk about some of the things they have observed such as plants, animals, natural and found objects.
- Talks about why things happen and how things work.
- Developing an understanding of growth, decay and changes over time.
- Shows care and concern for living things and the environment
- Teach skills and knowledge in the context of practical activities, e.g. learning about the characteristics of liquids and solids by involving children in melting chocolate or cooking eggs.



### Logistics & Planning

#### (Class of 30 students)

Should be held in a larger classroom or hall to accommodate the activities spread out around the room.

Teachers are welcome to get involved and may want to encourage students to get involved.

### Why Choose Learn by Design?

Our farm to fork session has been used in a careers program to help raise and broaden the career aspirations of children across the East Midlands. We have successfully delivered the session in special needs schools with students who have a range of needs, from behavioural issues to students with severe and complex needs. This session has been deemed very successful and impactful to the students we have worked with.



### This activity goes well with...

This session will go well with a farming topic or learning about where food comes from. It will also show some career options the students might not have thought of yet, opening their eyes to new job opportunities.

